

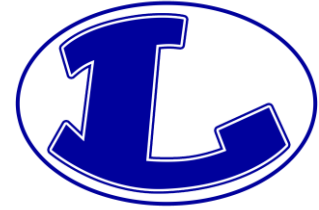
## LISD School Health Advisory Council

Wednesday

February 22, 2023

4:15-5:15 PM

LISD Board Room



### MINUTES

- Call to order at 4:15 p.m. by Elizabeth Neal
- Introduction of 2022 officers: Elizabeth Neal (chair), Charlotte Jones (vice chair), Audrey Coffman (secretary)
- Faculty, community members, parent, and presenter introductions
- Motion per Audrey Coffman to approve the minutes from last meeting in December, motion seconded by Dana Tatum

#### Review of Old/Ongoing Business

- Employee Wellness Survey results determined staff would like a workout space/gym for staff members and ideas for healthy lifestyle – the LISD gym has re-opened with 72 staff signed up to use the gym.
- In our last meeting, Mrs. Neal added that there are currently 100 businesses listed under the Chamber of Commerce and Mrs. Jones has been contacting businesses to see if they would like to participate in discounts for LISD staff members. Mrs. Kleppel will make a spreadsheet of businesses once determined who is participating and the list will also be included in the School Health Newsletter.
- #3forHeart Challenge with the American Heart Association and Damar Hamlin
  - Challenge to learn CPR, give (donate) to AHA, and share your support.

#### Donna Clark, MSN, BSN, RN: School Health Update

- 3 new AEDs: two at LHS and one at the admin building, all campus administrators have been trained or are planning to train with the new AEDs.
- Narcan and Epi Pen Policies have been signed by Dr. Hay for implementation on each campus. One dose of Narcan is in the clinic, the SRO for each campus will be trained and carry a dose, and there are two located in the red Overdose Emergency Kit by the AED. Epi Pens are in the AED box, two pediatric and two adult doses.
- Drug and Alcohol Awareness to include Vaping Awareness
  - Mrs. Clark and Mrs. Kleppel have done a presentation for students at DAEP and are working on training LHS, possibly inviting presenters to teach on the subject.
- School Health Staff Newsletter – sent out monthly by Mrs. Kleppel to include news and events in the district.
- Student EKGs scheduled for March 21 through the Cody Stephens Foundation, \$25 dollars per student.
- February is Heart Health Month – Carter Blood Care blood drive hosted at LHS in February was successful.

## Campus Coordinated School Health Team Updates

- HSE: Audrey Coffman, LVN
  - Monthly newsletter, UDCA checkoff, and CATCH reminder to staff
  - Info to staff from Simone Cain at the Department of Health regarding Rabies Prevention Poster Contest
  - Mental Health Creative Art Contest info to staff
  - Lion's Club Camp info to staff
  - Take Care of Texas art contest info to staff
  - Hearth Health info to staff, courtesy of Terri Sturgeon, to include bulletin board covering nutrition and exercise benefits
  - Anti-vaping resources E-mail to staff
  - Lion's Club Camp info resubmitted to staff
  - Scheduling Rabies presentation for March or April with Kasey Schwartzer from the Lampasas Animal Shelter
  - One provisional immunization
- KWE: Dana Tatum, LVN
  - Health topics covered to include lice identification/prevention and general health and well-being via bulletin boards, handouts, brochures, class discussions/presentations, and CATCH program
  - Coach Roberts: working on Mileage Club, teaching dexterity by having students practice tying shoes with younger grades, CATCH program implemented by activity teachers on Monday and Friday, CATCH in-service to staff on 2/13
  - Counselor, Mrs. Warren: Feb. 13-17 Acts of Kindness Week with various activities
  - Jan 23: AED training for campus admin, office staff, and UDCA's
  - Feb 10: Texas Star Plus field rep presented Take Time for Teeth program PK-5<sup>th</sup>, toothcare kits privately provided by parent to all grades except 1<sup>st</sup> who received theirs from the Masonic Lodge
  - Immunizations UTD with 3 on catch up schedule
  - Working on failed screenings who have not returned referrals
  - No specific illness trends, however, 3 Covid cases were reported and 0 flu
- TCE: Billie Shifflett, LVN
  - Vaccinations UTD, 0 provisionals, 0 catch ups
  - Scoliosis screening done 12/13 with 0 referrals
  - Puberty Education scheduled for 4/12/2023
  - AED training for campus administration is pending
  - Personal hygiene presentation for KG–3rd starting 2/27/2023 per Mrs. Shifflett
- LMS: Terri Sturgeon, LVN
  - Weekly FOCUS on Health Wednesday
  - Daily FOCUS on Health – Heart Health for February
  - Weekly Friday E-mail to staff with Fun Food Friday recipes
  - Immunization reminder letters go out to parents in March for incoming 6th graders
  - Immunizations all UTD

- LHS: Rhonda Hamilton, LVN
  - Weight loss competition at the high school – staff are utilizing the staff gym.
  - 3 medical exemption immunizations
  - Staff were educated on the use of AED and procedure for EpiPen and Narcan during staff PD on February 20th
  - A new school health bulletin board in the main hallway that will be updated monthly
  - 1 diabetic student going to Lion's Camp

**Texas A&M AgriLife Extension: Karen DeZarn**

- Contact Mrs. DeZarn if elementary campuses are interested in on-campus garden for students or if interested in any available 4H Programs
- Monthly newsletter
- Coalition meetings are on Thursdays
- [dinnertonight.tamu.edu](http://dinnertonight.tamu.edu) for healthy recipes

**Parent Questions / Suggestions / Recommendations**

- Discussed success of PrepStart Lifestyles implementation for LISD staff