

Weight Class	Record Holder	Year	Squat	Bench Press	Dead Lift	Total
114	Jason Ayers	2016			395	910
	Charles Mack	2024	365	230		925
123	Kolby Gill	2005	365			
	Preston Fox	2019		235		915
	Jason Ayers	2016			390	
132	Kolby Gill	2006	405		440	1020
	Dakota Cavazos	2017		265		
148	Sean Williams	2017	480		500	1280
	Amin Shary	2002		315		
	Doug Hall	2001			500	
165	Sean Williams	2018	560	355	545	1450
181	Westen Reid	2022	640	350		1590
	Darnell Drayton	1999		350		
	Darnell Drayton	1998			610	
198	Micah Glandon	2001			625	
	Michael Nyguen	2018		395		
	Westen Reid	2022	650			1600
220	Ben Martin	1995	580	385	595	1550
242	AJ Luna	2023	575			
	Owen Seaver	2020		395		
	Marcos Palacios	1997			590	1400
275	Conrad Rodgers	2002	685	355	525	1545
	Jeremy Rodgers	2019			565	
308	John Long	2021	620	470	530	1620
SHW	Conrad Rodgers	2003	740			1680
	Jake Dibble	2015		405	575	
	John Long	2020		405		
	STATE CHAMPS:		Regional Team Champs:			
	Ben Martin	1994 & 1995		2017		
	Darnell Drayton	1998 & 1999		2018		
				2019		