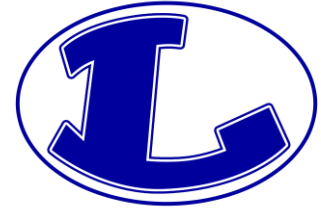


LISD School Health Advisory Council
Wednesday
August 30, 2023
4:15-5:15 PM
LISD Board Room



MINUTES

- Call to order at 4:15 p.m. by Elizabeth Neal
- Introduction of 2023 officers: Elizabeth Neal (chair), Charlotte Jones (vice chair), Audrey Coffman (secretary)
- Faculty, community members, parent, and presenter introductions
- Motion per Audrey Coffman to approve the minutes from last meetings in February and May, motion seconded by Terri Sturgeon

Presentation: Melissa Mitchell, Central County Services Coordinator for Lampasas County

- Mental Health First Aid (MHFA)
 - MHFA classes are offered on a regular basis to the community at no cost.
 - You can sign up for classes at centralcountyservices.org.
- Group Activity
- PowerPoint Presentation

Donna Clark, MSN, BSN, RN: School Health Update

- TCHATT
 - Telehealth visits for students with mental health issues that can be initiated by school counselors (and nursing staff).
- Respiratory Medication Policy
 - Epi Pen and Narcan Policies are already in place; respiratory policy is in progress so that stock inhalers can be kept on campus for respiratory emergencies.
- CATCH My Breath
 - To be completed at LMS; anti-vape curriculum is required for grades 6-12 in conjunction with Red Ribbon Week (October 23 – 31). Vape detectors at LHS have been installed to detect students using vapes in the restrooms (automatic DAEP sentence per state legislature). Nicotine vapes are a mandatory 5 day minimum at DAEP, while THC vapes are a mandatory 30 – 60 days minimum. Parental resources can be found on the CATCH website.
- Project ADAM
 - Program through Children's Health where campuses will have medical response teams in the event of an emergency. Once Project ADAM certified, campuses can receive money and grants for more AEDs.

New Business

- Officer Elections
 - Jared Marcus elected as Chair
 - Jessica Guy elected as Vice Chair
 - Audrey Coffman will remain Secretary
- Recruitment of SHAC Members
 - Discussed ways to recruit more members i.e., flyers and social media posts discussing topics that SHAC addresses such as Sexual Education, Vaping, Nutrition, and Child Safety.

Campus Coordinated School Health Team Updates

- HSE: Tobi King, LVN
 - Introduction of Tobi as the new campus nurse at HSE, coming from 20+ years working for CPS.
 - Vaccines UTD, some provisional.
- KWE: Dana Tatum, LVN
 - Health topics covered via handouts, bulletin boards, and presentations include Lice Identification / Prevention.
 - District lice policy sent home for all grades.
 - LISD Exclusion Policy and Medication Administration Policy sent home to all grades.
 - Hygiene letter sent home to grades 3rd – 5th.
 - Handwashing reviewed with all grades on August 14th.
 - Safety topics covered to include seatbelt safety, don't play with matches, calling 911 etc.
 - Play it Safe Program presented August 25th by the Hill Country Children's Advocacy Center.
 - Vaccines UTD, 5 provisional
- TCE: Bethany Peters-Barrett, LVN
 - Introduction of Bethany as the new campus nurse at TCE.
 - Bulletin board for September is Healthy Habits.
 - Hearing and vision screenings to be scheduled in September/October.
 - Students being taught about seat belt safety.
 - 19 provisional vaccines.
- LMS: Terri Sturgeon, LVN
 - Vision and hearing screenings scheduled for 7th grade on October 4th; Lampasas Lion's Club will be screening with SPOT machine.
 - Two Telehealth visits completed so far.
 - Weekly recipes and health blurb will be going out via E-mail to staff soon.
 - 4 provisional vaccines, 1 on catch-up schedule.

- LHS: Audrey Coffman, LVN
 - Monthly UDCA checkoff
 - Anti-Vaping bulletin board
 - One Pregnancy Related Services student
 - Stop the Bleed Presentation on September 5th to Automotive students.
 - CPR for early graduates to be scheduled.
 - October is Fentanyl Poisoning Awareness Month.
 - New to Texas vision and hearing students to be screened.
 - 5 provisional vaccines.
- KWE Coach Roberts
 - Activity teachers are implementing CATCH program on Mondays and Fridays during Power Days.

Nutrition Department Updates: Calvin Pittman

- New menu software discussed; staff trained how to make menus for each campus.
- True Harvest Farms Festival on October 28, 2023 (12PM – 5PM).
- Staff should not force a student to get a tray due to potential for student having dietary restrictions or parent notes on their account.

Texas A&M AgriLife Extension: Karen DeZarn

- Healthy Carbohydrates Class on September 9, 2023 (9:30AM)
- Emergency Preparedness Class at the Show Barn on September 25, 2023 (6PM – 7PM)
- Community Garden: It's Fall Y'all Auction on September 30, 2023 (4PM – 7PM)
- Contact Mrs. DeZarn if interested in getting your campus (3rd – 5th grades) students enrolled in the Learn, Grow, Eat, and Go program.
 - 9-week program, funding is available.

Parent Questions / Suggestions / Recommendations

- None presented.